

MOYEN		(10 / 11)		Temps	Après	
1.	TALVAS Cyril		9105IF COLE	1:07:47		
	5:33 (5:33)	4:08 (9:41)	7:04 (16:45)	5:31 (22:16)	3:03 (25:19)	2:54 (28:13)
	4:48 (33:01)	4:55 (37:56)	4:58 (42:54)	4:44 (47:38)	3:25 (51:03)	4:27 (55:30)
	3:29 (58:59)	3:46 (1:02:45)	1:48 (1:04:33)	2:40 (1:07:13)	0:34 (1:07:47)	
2.	RODIER Marie		9213IF LOA	1:15:14	+7:27	
	4:40 (4:40)	6:29 (11:09)	7:27 (18:36)	12:21 (30:57)	4:01 (34:58)	2:31 (37:29)
	1:53 (39:22)	4:51 (44:13)	6:26 (50:39)	4:13 (54:52)	3:38 (58:30)	3:18 (1:01:48)
	4:12 (1:06:00)	4:18 (1:10:18)	2:16 (1:12:34)	2:00 (1:14:34)	0:40 (1:15:14)	
3.	MATHELIER Christian		9213IF LOA	1:15:26	+7:39	
	4:53 (4:53)	6:30 (11:23)	7:52 (19:15)	7:07 (26:22)	3:52 (30:14)	3:48 (34:02)
	2:55 (36:57)	7:05 (44:02)	6:52 (50:54)	3:53 (54:47)	4:11 (58:58)	3:12 (1:02:10)
	4:00 (1:06:10)	4:18 (1:10:28)	2:10 (1:12:38)	2:01 (1:14:39)	0:47 (1:15:26)	
4.	MATHELIER David		9213IF LOA	1:16:16	+8:29	
	4:33 (4:33)	4:31 (9:04)	10:35 (19:39)	12:53 (32:32)	4:10 (36:42)	3:21 (40:03)
	1:55 (41:58)	4:56 (46:54)	6:21 (53:15)	3:25 (56:40)	3:25 (1:00:05)	3:02 (1:03:07)
	3:58 (1:07:05)	4:06 (1:11:11)	2:11 (1:13:22)	2:05 (1:15:27)	0:49 (1:16:16)	
5.	DHERVE Gwénaëlle		7807IF GO78	1:34:38	+26:51	
	5:54 (5:54)	6:24 (12:18)	9:00 (21:18)	8:28 (29:46)	10:41 (40:27)	4:23 (44:50)
	3:08 (47:58)	6:50 (54:48)	7:55 (1:02:43)	6:17 (1:09:00)	6:53 (1:15:53)	3:15 (1:19:08)
	4:27 (1:23:35)	5:12 (1:28:47)	2:37 (1:31:24)	2:29 (1:33:53)	0:45 (1:34:38)	
6.	ANTUNES Rui		9109IF COPS 91	1:40:06	+32:19	
	5:21 (5:21)	7:15 (12:36)	6:31 (19:07)	8:34 (27:41)	5:36 (33:17)	2:34 (35:51)
	2:23 (38:14)	9:02 (47:16)	14:07 (1:01:23)	4:02 (1:05:25)	3:57 (1:09:22)	13:38 (1:23:00)
	6:08 (1:29:08)	6:06 (1:35:14)	2:06 (1:37:20)	1:57 (1:39:17)	0:49 (1:40:06)	
7.	ASHBY Andrew		9105IF COLE	1:44:24	+36:37	
	4:49 (4:49)	5:37 (10:26)	9:58 (20:24)	6:50 (27:14)	3:35 (30:49)	2:57 (33:46)
	5:00 (38:46)	7:58 (46:44)	6:18 (53:02)	9:13 (1:02:15)	15:10 (1:17:25)	5:30 (1:22:55)
	6:43 (1:29:38)	7:50 (1:37:28)	4:30 (1:41:58)	1:49 (1:43:47)	0:37 (1:44:24)	
8.	ELVER Judith		9105IF COLE	1:53:56	+46:09	
	5:43 (5:43)	7:22 (13:05)	7:17 (20:22)	13:31 (33:53)	4:50 (38:43)	3:28 (42:11)
	2:58 (45:09)	17:33 (1:02:42)	7:48 (1:10:30)	6:02 (1:16:32)	6:56 (1:23:28)	2:58 (1:26:26)
	6:03 (1:32:29)	6:13 (1:38:42)	10:14 (1:48:56)	2:04 (1:51:00)	2:56 (1:53:56)	
9.	TALVAS Damien		9105IF COLE	1:54:02	+46:15	
	5:15 (5:15)	4:38 (9:53)	17:12 (27:05)	18:15 (45:20)	5:57 (51:17)	5:34 (56:51)
	2:48 (59:39)	7:57 (1:07:36)	7:41 (1:15:17)	17:38 (1:32:55)	5:22 (1:38:17)	2:47 (1:41:04)
	4:13 (1:45:17)	4:41 (1:49:58)	2:04 (1:52:02)	1:35 (1:53:37)	0:25 (1:54:02)	
	BOUCHART Dominique		7807IF GO78	PM		
	5:34 (5:34)	5:50 (11:24)	8:17 (19:41)	8:23 (28:04)	3:25 (31:29)	3:09 (34:38)
	7:07 (41:45)	11:10 (52:55)	8:35 (1:01:30)	5:25 (1:06:55)	- (-)	- (1:25:52)
	5:11 (1:31:03)	4:40 (1:35:43)	2:13 (1:37:56)	2:27 (1:40:23)	1:11 (1:41:34)	

COURT		(5 / 7)	Temps	Après		
1.	PAYET Nathan		45:34			
	2:43 (2:43)	9105IF COLE	7:26 (24:25)		5:07 (29:32)	6:48 (36:20)
	6:12 (42:32)	7:02 (16:59)	0:59 (45:34)			
2.	DAEM-GAUDREE Nathanaël	7807IF GO78	1:07:43	+22:09		
	4:35 (4:35)	17:47 (27:28)	11:51 (39:19)		9:54 (49:13)	9:42 (58:55)
	5:29 (1:04:24)	1:00 (1:07:43)				
3.	GIRAUD Marcelin	5906HF VALMO	1:34:02	+48:28		
	6:57 (6:57)	22:02 (36:27)	13:39 (50:06)		11:51 (1:01:57)	14:29 (1:16:26)
	13:59 (1:30:25)	0:44 (1:34:02)				
4.	GIRAUD Maximine	5906HF VALMO	1:36:23	+50:49		
	6:53 (6:53)	17:17 (31:23)	19:31 (50:54)		12:16 (1:03:10)	20:26 (1:23:36)
	8:34 (1:32:10)	0:31 (1:36:23)				
	GIRAUD Marion	5906HF VALMO	Aband.			
	11:08 (11:08)	11:51 (36:40)	- (-)		- (-)	- (-)
	- (-)	- (-)				

LONG		(24 / 27)	Temps	Après		
1.	BESTEL Arnault	9105IF COLE	52:29			
	2:38 (2:38)	1:58 (6:51)	2:42 (9:33)		1:21 (10:54)	2:34 (13:28)
	4:52 (18:20)	2:58 (21:18)	4:26 (27:55)		1:33 (29:28)	3:30 (32:58)
	4:09 (37:07)	0:30 (37:37)	4:10 (41:47)		3:22 (47:36)	2:05 (49:41)
	2:22 (52:03)	0:26 (52:29)	2:27 (44:14)			
2.	RAUTURIER Benoit	7807IF GO78	53:53	+1:24		
	5:07 (5:07)	1:58 (9:10)	3:06 (12:16)		1:05 (13:21)	2:29 (15:50)
	3:53 (19:43)	2:40 (22:23)	3:52 (27:54)		2:06 (30:00)	3:16 (33:16)
	4:05 (37:21)	0:30 (37:51)	4:27 (45:01)		3:52 (48:53)	2:07 (51:00)
	2:25 (53:25)	0:28 (53:53)				
3.	PAYSSAN Valentin	7807IF GO78	1:01:37	+9:08		
	3:28 (3:28)	2:40 (6:08)	4:37 (13:28)		1:19 (14:47)	2:54 (17:41)
	4:49 (22:30)	3:27 (25:57)	4:17 (32:49)		1:57 (34:46)	7:16 (42:02)
	4:12 (46:14)	0:28 (46:42)	3:17 (49:59)		4:24 (56:27)	2:07 (58:34)
	2:37 (1:01:11)	0:26 (1:01:37)	2:04 (52:03)			
4.	BERTHOMIEU Manuel	7807IF GO78	1:03:07	+10:38		
	2:59 (2:59)	2:17 (5:16)	3:07 (11:12)		1:17 (12:29)	2:58 (15:27)
	5:29 (20:56)	8:07 (29:03)	4:57 (36:27)		2:34 (39:01)	4:19 (43:20)
	4:24 (47:44)	0:44 (48:28)	1:56 (54:08)		4:07 (58:15)	2:03 (1:00:18)
	2:21 (1:02:39)	0:28 (1:03:07)				
5.	DAEM Adriaan	7807IF GO78	1:05:08	+12:39		
	6:07 (6:07)	2:55 (9:02)	4:19 (16:08)		1:19 (17:27)	2:51 (20:18)
	4:44 (25:02)	3:35 (28:37)	6:18 (36:27)		1:44 (38:11)	4:07 (42:18)
	5:02 (47:20)	0:31 (47:51)	5:05 (52:56)		3:52 (59:25)	2:23 (1:01:48)
	2:44 (1:04:32)	0:36 (1:05:08)				
6.	ERBLAND Thomas	9105IF COLE	1:06:09	+13:40		
	3:34 (3:34)	2:37 (6:11)	4:20 (14:01)		1:18 (15:19)	3:17 (18:36)
	6:41 (25:17)	4:25 (29:42)	4:33 (37:05)		2:43 (39:48)	4:14 (44:02)
	4:05 (48:07)	0:30 (48:37)	2:48 (51:25)		6:52 (1:00:48)	2:37 (1:03:25)
	2:15 (1:05:40)	0:29 (1:06:09)	2:31 (53:56)			
7.	GROSHENS Didier	9202IF Garde Rép.	1:09:50	+17:21		
	3:51 (3:51)	3:08 (6:59)	5:09 (16:41)		1:59 (18:40)	3:32 (22:12)
	5:43 (27:55)	3:42 (31:37)	5:27 (39:54)		2:04 (41:58)	6:29 (48:27)
	5:13 (53:40)	0:36 (54:16)	2:51 (1:00:25)		3:48 (1:04:13)	2:15 (1:06:28)
	2:47 (1:09:15)	0:35 (1:09:50)				
8.	ROULLEAUX Julie	9105IF COLE	1:11:55	+19:26		
	4:45 (4:45)	3:40 (8:25)	4:14 (15:43)		1:31 (17:14)	4:01 (21:15)
	5:46 (27:01)	4:13 (31:14)	5:50 (39:36)		3:02 (42:38)	5:26 (48:04)
	4:17 (52:21)	0:34 (52:55)	4:41 (57:36)		5:16 (1:06:49)	1:58 (1:08:47)
	2:39 (1:11:26)	0:29 (1:11:55)	3:57 (1:01:33)			
9.	GRANCOIN Marc	7807IF GO78	1:13:26	+20:57		
	4:06 (4:06)	2:57 (7:03)	3:02 (10:05)		1:30 (15:49)	5:05 (20:54)
	5:25 (26:19)	4:10 (30:29)	5:27 (39:34)		2:56 (42:30)	4:52 (47:22)
	7:00 (54:22)	0:35 (54:57)	4:27 (59:24)		5:53 (1:07:40)	2:32 (1:10:12)
	2:47 (1:12:59)	0:27 (1:13:26)	2:23 (1:01:47)			
10.	CONSTANT Nicolas	9109IF COPS 91	1:18:49	+26:20		
	4:19 (4:19)	3:22 (7:41)	3:44 (11:25)		5:17 (20:18)	5:37 (25:55)
	9:57 (35:52)	4:00 (39:52)	2:14 (42:06)		2:32 (49:13)	4:07 (53:20)
	5:40 (59:00)	0:30 (59:30)	4:30 (1:04:00)		4:59 (1:13:29)	2:13 (1:15:42)
	2:42 (1:18:24)	0:25 (1:18:49)				
11.	LINTANF François	9105IF COLE	1:23:20	+30:51		
	4:40 (4:40)	3:16 (7:56)	3:53 (11:49)		1:51 (18:12)	4:52 (23:04)
	9:19 (32:23)	7:15 (39:38)	4:29 (44:07)		2:51 (53:04)	5:14 (58:18)
	5:34 (1:03:52)	0:41 (1:04:33)	4:21 (1:08:54)		5:32 (1:17:03)	2:40 (1:19:43)
	3:01 (1:22:44)	0:36 (1:23:20)	2:37 (1:11:31)			
12.	FAUQUANT Jean-Marie	7807IF GO78	1:28:25	+35:56		
	6:35 (6:35)	3:10 (9:45)	4:39 (14:24)		1:49 (20:50)	5:19 (26:09)
	7:45 (33:54)	4:52 (38:46)	3:31 (42:17)		2:33 (50:06)	6:30 (56:36)
	8:05 (1:04:41)	0:49 (1:05:30)	4:03 (1:09:33)		7:37 (1:20:28)	4:07 (1:24:35)
	3:09 (1:27:44)	0:41 (1:28:25)	3:18 (1:12:51)			
13.	GIBART Jocelyn	7807IF GO78	1:28:30	+36:01		
	4:16 (4:16)	5:14 (9:30)	3:50 (13:20)		1:46 (19:20)	4:36 (23:56)
	8:19 (32:15)	4:18 (36:33)	2:55 (39:28)		2:37 (49:08)	10:11 (59:19)
	6:44 (1:06:03)	0:52 (1:06:55)	4:13 (1:11:08)		6:00 (1:21:38)	2:49 (1:24:27)
	3:19 (1:27:46)	0:44 (1:28:30)	4:30 (1:15:38)			
14.	JOUVE Bernard	7807IF GO78	1:34:40	+42:11		
	5:35 (5:35)	3:28 (9:03)	4:15 (13:18)		1:39 (20:34)	5:28 (26:02)
	7:32 (33:34)	5:00 (38:34)	8:04 (46:38)		2:43 (55:08)	11:03 (1:06:11)
	6:47 (1:12:58)	0:38 (1:13:36)	4:14 (1:17:50)		5:24 (1:27:41)	3:11 (1:30:52)
	3:14 (1:34:06)	0:34 (1:34:40)	4:27 (1:22:17)			
15.	GLASSET Jean-Luc	7807IF GO78	1:36:53	+44:24		
	10:16 (10:16)	5:12 (15:28)	3:52 (19:20)		1:51 (26:36)	5:17 (31:53)
	8:54 (40:47)	5:27 (46:14)	3:16 (49:30)		2:48 (58:29)	5:19 (1:03:48)
	7:59 (1:11:47)	0:53 (1:12:40)	6:02 (1:18:42)		7:12 (1:28:36)	3:49 (1:32:25)
	3:43 (1:36:08)	0:45 (1:36:53)	2:42 (1:21:24)			
16.	FARGANEL Thierry	9105IF COLE	1:38:49	+46:20		
	9:29 (9:29)	2:53 (12:22)	4:33 (16:55)		1:38 (24:34)	5:22 (29:56)
	7:23 (37:19)	4:55 (42:14)	7:49 (50:03)		2:53 (58:55)	9:40 (1:08:35)
	7:44 (1:16:19)	0:42 (1:17:01)	4:33 (1:21:34)		4:40 (1:26:14)	3:03 (1:34:37)
	3:34 (1:38:11)	0:38 (1:38:49)	4:40 (1:26:14)			
17.	ROULLEAUX Alex	9105IF COLE	1:44:24	+51:55		
	17:34 (17:34)	2:47 (20:21)	5:29 (25:50)		1:17 (31:40)	2:41 (34:21)
	4:21 (38:42)	3:45 (42:27)	2:14 (44:41)		1:36 (50:45)	22:58 (1:13:43)
	6:55 (1:20:38)	1:20 (1:21:58)	5:36 (1:27:34)		7:10 (1:38:14)	3:15 (1:41:29)
	2:25 (1:43:54)	0:30 (1:44:24)	3:30 (1:31:04)			
18.	TOUZAIN ROULLEAUX Isabelle	9105IF COLE	1:48:34	+56:05		
	7:39 (7:39)	3:56 (11:35)	3:59 (15:34)		2:45 (25:55)	6:14 (32:09)
	7:29 (39:38)	7:18 (46:56)	3:23 (50:19)		6:17 (1:03:12)	13:07 (1:16:19)
	7:12 (1:23:31)	0:55 (1:24:26)	5:37 (1:30:03)		6:29 (1:40:42)	3:36 (1:44:18)
	3:35 (1:47:53)	0:41 (1:48:34)	4:10 (1:34:13)			
19.	BESTEL Florence	9105IF COLE	1:52:37	+60:08		
	5:35 (5:35)	4:31 (10:06)	4:32 (14:38)		2:13 (24:13)	6:01 (30:14)
	6:35 (36:49)	5:52 (42:41)	4:06 (46:47)		9:27 (1:03:43)	6:31 (1:10:14)
	7:40 (1:17:54)	0:48 (1:18:42)	5:12 (1:23:54)		6:23 (1:42:40)	3:54 (1:46:34)
	4:46 (1:51:20)	1:17 (1:52:37)				
	GLASSET Isabelle	7807IF GO78	PM			

11:14 (11:14)	5:07 (16:21)	6:21 (22:42)	8:20 (31:02)	2:57 (33:59)	10:59 (44:58)
13:58 (58:56)	7:44 (1:06:40)	6:37 (1:13:17)	13:42 (1:26:59)	6:04 (1:33:03)	14:48 (1:47:51)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (1:54:57)				
<b>LEVREUX Nathalie</b>		<b>7807IF GO78</b>	<b>PM</b>		
8:12 (8:12)	5:16 (13:28)	4:46 (18:14)	6:49 (25:03)	2:15 (27:18)	8:19 (35:37)
9:20 (44:57)	7:14 (52:11)	4:41 (56:52)	7:11 (1:04:03)	5:07 (1:09:10)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (1:29:09)				
<b>LINTANF Florian</b>		<b>9105IF COLE</b>	<b>PM</b>		
6:25 (6:25)	3:18 (9:43)	6:19 (16:02)	5:50 (21:52)	2:43 (24:35)	5:48 (30:23)
9:21 (39:44)	9:04 (48:48)	4:46 (53:34)	9:09 (1:02:43)	4:26 (1:07:09)	20:29 (1:27:38)
7:54 (1:35:32)	0:51 (1:36:23)	6:26 (1:42:49)	- (-)	- (1:55:59)	3:25 (1:59:24)
3:00 (2:02:24)	0:31 (2:02:55)				
<b>PASSELERGUE Marianne</b>		<b>7808IF ASMB-CO</b>	<b>PM</b>		
6:45 (6:45)	6:26 (13:11)	8:23 (21:34)	7:51 (29:25)	2:25 (31:50)	6:38 (38:28)
9:14 (47:42)	11:16 (58:58)	3:48 (1:02:46)	9:30 (1:12:16)	4:11 (1:16:27)	23:37 (1:40:04)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (1:47:17)				
<b>ROUGIER Sandra</b>		<b>7808IF ASMB-CO</b>	<b>PM</b>		
6:33 (6:33)	6:36 (13:09)	8:16 (21:25)	8:01 (29:26)	2:15 (31:41)	6:39 (38:20)
9:21 (47:41)	11:08 (58:49)	3:57 (1:02:46)	9:20 (1:12:06)	4:19 (1:16:25)	23:38 (1:40:03)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (1:47:12)				